



# HOUSE OF LIFE

Hotel Healing Centre Abydos Egypt

## Information about the Course Ancient Egyptian Healing

### **Content of the training:**

The Ancient Egyptian Healing training is - although given in a small group - an individual spiritual development trajectory in which you become acquainted with the image of man as used by the ancient Egyptians. In addition to spiritual development, the intention is to give the participant handles how to work with the healings and rituals that are connected with ancient Egypt. In the first instance to heal yourself, then your family, your friends and finally your fellow man if this is your wish.

The training consists of three modules. Each module consists of a stay in Egypt and the House of Life of three weeks with the accompanying reader, articles and book list. You conclude each module with an initiation, after which we will continue to work with you remotely for another 40 days.

During module I we mainly work with your Ka.

During module II we mainly work with your Ba.

During module III, these two are linked together equally.

To support the spiritual development process, it is important that personal issues are resolved and purified at soul level. Solving soul issues can run with you throughout the training. This is completely individual and therefore looks different for everyone.

The ultimate goal of this is that you become aware of what your feelings, thoughts and actions arise from and how you can ultimately relate to life in Ma'at, with everything around you and what will come your way in your further life. This requires knowledge about the Ba and the Ka and a profound self-examination from which your feelings, thoughts and actions arise. From the light, the Ba or from the dark, the Ka.



Integrity is a quality of Ma'at. Integrity arises where the person acts from a balanced justice, compassion, self-respect and self-love (Light), not to be confused with egoism and narcissism or manipulation (Shadow). The Ba and the Ka in ourselves work together in balance. This balance is expressed in integrity. It knows without judgment what qualities are produced by the light, the Ba and what quality the dark, the Ka represent, and how these seemingly opposite forces nevertheless form a unity within ourselves and outside ourselves. One cannot exist without the other.

The energy or quality that can grow this insight in us and transcend these contradictions in us is the Divine love within us, the mind quality of the AKH. Without this highest form of Love, the Light and the Dark will continue to manifest as two opposite forces and be experienced as such with all the pain that entails.

There is no more powerful place on earth than Abydos where you can come to this self-examination, where the integrity in yourself is addressed and where the Divine love in you is touched and opened. A quality that you need to be able to do your work as a healer truly and with integrity.

2. During the training we will find out in which area you are most strongly connected with ancient Egypt. It may be that "past lives" pass by. These always affect your current life and the reason why you have come back to Earth and the work that is waiting for you or what you are already doing.

3. We look for the God or Goddess (Neturu ) with which the light of your soul is most strongly connected and with which force you are or will be eventually work.

### **What belongs to Module I:**

The information belonging to the three modules will be sent to you as pdf files.

The curriculum that belongs to module I is the reader "Medicines in ancient Egypt".

Module I deals with:

I. The human image of the ancient Egyptians "The Ba and the Ka".



2. The Worldview of the Ancient Egyptians. The different archetypes, the Gods and Goddesses.

3. Working with the sacred oils.

4. Working with the herbs.

5. Working with the Egyptian ritual foot bath and "Massage of the Ba".

6. Establishing the connection with the temple of Sety I and the energy of Abydos, which includes the booklet "Abydos the great healing temple of ancient Egypt. Teachings of the Priest and Priestesses in the Past" Written by Horus of Abydos and Erica Rijnsburger.

### **Program:**

During your three-week stay in Egypt you will stay in the House of Life in Abydos. You will be picked up from Luxor airport and transported by our driver to Abydos.

After you have installed yourself, you will be introduced to the temple of Sety I. This temple as well as the two meditation chapels of the House of Life dedicated to Isis / Hathor and Horus will be important for the meditations during your stay.

After the introduction you will be on your own for three days. Aset is constantly present in the background if you need her or if you have any questions.

Then the lessons in the morning guided by Aset and the evening meetings with Horus from Abydos and Aset will start.

The lessons in the morning will support your process and the understanding of the spiritual knowledge we will share with you. The meetings in the evening are about your experiences in the temple and about your process. The experiences you had in the temple and you share with us determine which meditations you will do the next day and which rituals should be performed. Therefore there will be various conversations about your experiences during your stay.

In addition to rituals that are completely personal, there are three rituals that apply to everyone and belong to module I. All rituals always have to do with personal healing and purification.

You will also undergo foot baths, massages and sound healings. All to support the purification process.

A few days before the end of your stay you will receive the initiation that belongs to the different modules. This initiation can only be given when we are mutually convinced that you are ready to receive it. By this we mean that on soul level there must be peace and clarity. Through the initiation you are connected to the ancient Egyptian field.

**Final report:**

After you have returned home, we will continue to work with you remotely for another 40 days. Then the field is closed again. A report will be written with recommendations about your stay and our experiences on how to proceed.

**When does the second module take place:**

It is recommended to do the second module a year later. In this way, everything can sink in and fall into place.

During module II you will continue to work on your individual process and you will be prepared for how you can clean people and houses from harmful energies.

1. Module 2 includes the reader "Magic in Ancient Egypt".
2. During this module the working with rituals is central.
3. During this module, working with dreams is central.
4. The development of the own process is part of this.
5. The Book of Rituals. This book discusses the rituals associated with the Ancient Egyptian Healing course.

**When Module 3:**



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Module 3 deals with the different spiritual movements in ancient Egypt. We do not call it "religion" because in ancient Egypt this word did not exist.

During module 3 your specialty becomes visible. The process has given clarity over time where your specific healing qualities lie and how you can best apply them. This module includes individual initiations and rituals.

### **How to use Ancient Egyptian Healing:**

Our years of experience show that the Ancient Egyptian Healing gives an enormous boost to the personal development of the participant. The participant is literally put on the path of his / her Book of Life.

It provides a deepening into the life of the participant and the work that the participant was already involved with. Often what is learned and experienced is integrated into the life and existing work of the participant.

### **What Happened After Taking the Ancient Egyptian Healing:**

It is up to the participant's personal choice of whether to end the process or whether he wishes to continue specializing. Not infrequently, the participants continue to come to the House of Life for a retreat to continue the process independently. Not infrequently there are specific questions and we are asked to participate.

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